

# FREEDOM FROM SMOKING INTAKE

Name: \_\_\_\_\_

E-mail: \_\_\_\_\_

Address \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Age: \_\_\_\_\_ Are you pregnant?  Yes  No

**Which of these groups would you say best describes your race?**

- |   |  |
|---|--|
| <input type="checkbox"/> African American       | <input type="checkbox"/> Native American           |
| <input type="checkbox"/> Hispanic/Latino        | <input type="checkbox"/> Bi-racial or Multi-Ethnic |
| <input type="checkbox"/> Caucasian/White        | <input type="checkbox"/> Decline/No Answer         |
| <input type="checkbox"/> Asian/Pacific Islander | <input type="checkbox"/> Other: _____              |

**Do you consider yourself to be Hispanic or Latino?**

- |                              |   |
|------------------------------|---|
| <input type="checkbox"/> Yes | <input type="checkbox"/> Don't Know       |
| <input type="checkbox"/> No  | <input type="checkbox"/> Refuse to Answer |

**What is your gender identity?**

*This is how you identify, regardless of your birth sex (your birth sex is the sex you were assigned at birth)*

- |                                 |  |
|---------------------------------|--|
| <input type="checkbox"/> Male   | <input type="checkbox"/> Decline/No Answer |
| <input type="checkbox"/> Female | <input type="checkbox"/> Other: _____      |

**Which of these statements is true about you?**

- |  |
|--|
| <input type="checkbox"/> I am cisgender (my birth sex and gender identity are the same)    |
| <input type="checkbox"/> I am transgender (my birth sex and gender identity are different) |
| <input type="checkbox"/> Decline/No Answer   |
| <input type="checkbox"/> Other: _____  |

**What is your sexual orientation?**

- |                                      |   |
|--------------------------------------|---|
| <input type="checkbox"/> Lesbian     | <input type="checkbox"/> Heterosexual       |
| <input type="checkbox"/> Gay         | <input type="checkbox"/> Same Gender Loving |
| <input type="checkbox"/> Bisexual    | <input type="checkbox"/> Decline/No Answer  |
| <input type="checkbox"/> Queer       | <input type="checkbox"/> Other: _____       |
| <input type="checkbox"/> Questioning |   |

**Privacy Practices**

This statement is to inform you of DC Center practices with regard to your participation in this class. The information that you provide will be used to develop a quit treatment plan and serves as a means of communications among the cessation professionals involved in your quit process. This information will be used in an effort to continually improve the quality and effectiveness of the cessation services provided by the DC Center. The DC Center staff may compile outcome, process and other data that will not reference your name, address or telephone numbers but the outcome of your involvement in the program will be reflected in the overall outcomes of DC Center smoking cessation programs. Every effort will be made to maintain confidentiality. We will not use or disclose your health information without your authorization, except as described in this notice.

- I understand and agree to the Privacy Practices of the Tobacco Free Families Campaign
- I am willing to provide information and to be contacted by Campaign Counselors or staff as part of my treatment plan.

\_\_\_\_\_  
**SIGNATURE**

\_\_\_\_\_  
**Date**

FOR PROFESSIONAL USE ONLY		Counselor	Date:
NWT Prescribed:	<input type="checkbox"/> None <input type="checkbox"/> 2mg Lozenge <input type="checkbox"/> 3 mg Lozenge <input type="checkbox"/> 21 mg patch <input type="checkbox"/> 14 mg patch		
Method of Delivery	<input type="checkbox"/> Pick Up <input type="checkbox"/> Mail	Date: _____	
Switch NRT?	<input type="checkbox"/> Yes <input type="checkbox"/> Mail	Reason: _____	
CO (if applicable)	At Intake: _____ 48 Hrs: _____ <input type="checkbox"/> Refused Test		

# FREEDOM FROM SMOKING INTAKE

1. What type of tobacco product do you use?

Cigarettes    Cigar/Cigarillos    Pipe    Chewing Tobacco    Spit tobacco or snuff    Other

2. If you smoke tobacco, which product is your preference?

Cigarettes    Cigar/Cigarillos    Pipe    Bidis    Pipe    Other

3. How many cigarettes do you smoke in one day?

Less than 5    5 to 10    11 to 15    16 to 20    21 to 30    31 to 40    41 or more

4. How soon after waking in the morning do you smoke your first cigarette?

Within 30 minutes: \_\_\_\_\_    Later than 30 Minutes: \_\_\_\_\_

5. What brand of cigarette do you smoke?

6. Do you smoke menthol cigarettes?    Yes    No

7. How many years have you been smoking?

Less than 5    5 to 10    11 to 15    16 to 20    More than 20

8. How many times have you tried to quit?

None    1 time    2 to 4 times    5 or more times

9. What is the longest time you have gone without a cigarette?

10. What type of nicotine withdrawal therapy have you used?

None    Gum    Patch    Lozenge    Zyban/Bupropion    Other

If you have used nicotine withdrawal therapy, did you have any problems?    Yes    No    Unsure

If Yes, what were the problems:

11. Are you currently using any nicotine withdrawal therapy?    Yes    No

If yes, what type of therapy are you currently using?

Gum    Patch    Lozenge    Zyban/Bupropion   Other: \_\_\_\_\_

12. Do you smoke at home?

Yes    No

If yes, do you smoke inside?

Inside    Outside

13. Do others smoke in your home?

Yes    No

14. Are there other family members in your home?

Spouse or Significant Other \_\_\_\_\_   Children (how many \_\_\_\_\_)   Other(s) \_\_\_\_\_

15. Has your doctor ever advised you to quit smoking

Yes    No

16. Are you having any health problems or concerns now?

Yes    No

If yes, what are your problems or concerns?